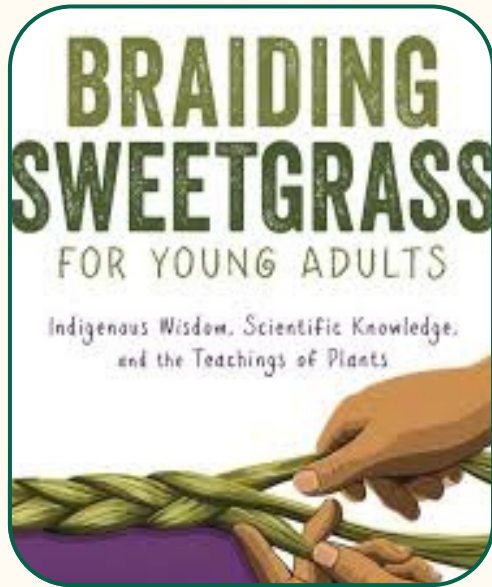


NEWSLETTER

DECEMBER

INDIGENOUS EDUCATION

Book of the Month



"Braiding Sweetgrass for Young Adults: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants," crafted by Robin Wall Kimmerer and artfully adapted by Monique Gray Smith, unveils a captivating tapestry weaving together Indigenous wisdom, ecological science, and heartfelt storytelling, tailored to enchant young readers.

This work illuminates the intricate web of life, fostering a profound appreciation for sustainability, reciprocity, and gratitude towards the natural world.

With reflective inquiries and discussion prompts woven throughout, it serves as a splendid resource for educators. Divided into concise, thematic sections, the book allows for adaptable use in classrooms, nurturing conversations around Indigenous knowledge, sustainability, and ecological consciousness.

Winter Celebration

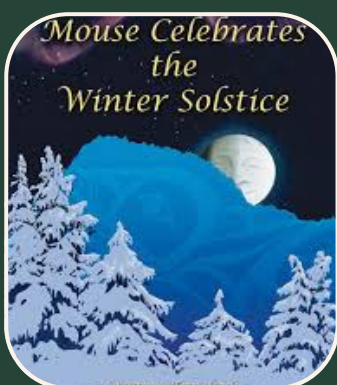
The Kwantlen First Nation and Katzie First Nation, both located in the Lower Fraser Valley of British Columbia, have rich winter traditions centered around gathering, storytelling, and ceremonies that honor their connection to the land, water, and community.

Winter is a time of reflection, storytelling, and cultural teaching. Traditionally, families gather in longhouses to share oral histories, songs, and dances, passing knowledge from elders to younger generations. These gatherings emphasize the importance of community and the values of respect and gratitude for the natural world.

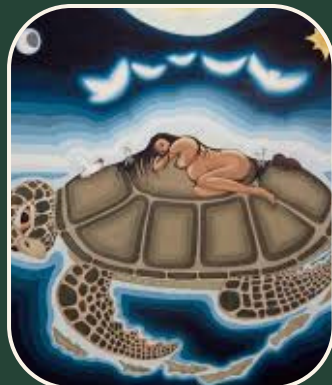
Celebration involves drumming, singing, and feasting, celebrating their connection to the land and waterways. The Fraser River, central to their way of life, is honored during these gatherings as a vital source of sustenance and cultural identity.

Both nations emphasize the winter season as a time for community, learning, and spiritual connection. Educators incorporating these themes can highlight the importance of storytelling, seasonal cycles, and cultural continuity within local Indigenous traditions.

Lessons



MOUSE CELEBRATES THE WINTER SOLSTICE -K-3



SKY WOMAN - 4-7



Sit Spot K-7



BRAIDING SWEETGRASS - RECIPROCITY LESSON 8-12